

before I go

Session 1:
Remembering
reminds us of what
Jesus has done

Do this in
remembrance
of me.

It is finished.

Take this cup of suffering

WHEN JESUS
INVITES US TO DO
THE IMPOSSIBLE.

Take care
of my
sheep.



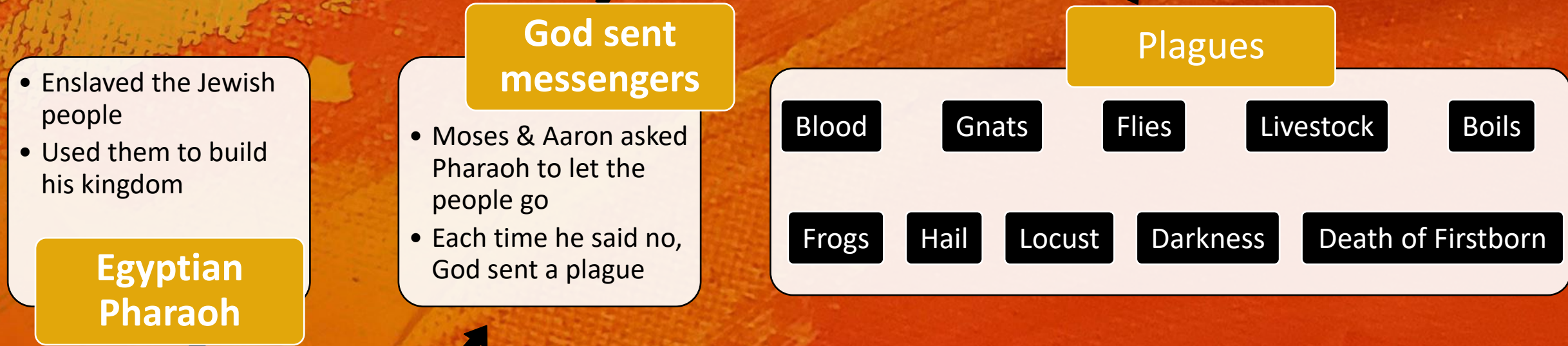
OUR FORGETFULNESS CAN BE ONE OF THE BIGGEST BARRIERS TO HEALTHY RELATIONSHIPS

- We forget what others have done for us and take them for granted.
- We forget things that have happened to others, and it communicates a lack of care.
- We forget promises we make, and it hurts the feelings of other people.

THIS SAME THING CAN HAPPEN IN OUR CONNECTION AND RELATIONSHIP WITH GOD

**We can focus so much on what's happening in
front of us that we forget what God has already
done for us in the past.**

HUNDREDS OF YEARS BEFORE JESUS ARRIVED...



**The blood will be a sign for you on the houses where you are, and when I see the blood, I will pass over you. No destructive plague will touch you when I strike Egypt.
Exodus 12:13 (emphasis added)**

FROM THAT MOMENT ON, ISRAELITES HAD A TRADITION OF REMEMBERING THE PASSOVER

Gather

At a table and retell the story of how they were once slaves.

Habit

They didn't assume they'd remember; they were intentional.

Food

The tradition included food. It involved eating bread (without yeast) & drinking wine.

Represented how quickly the Israelites left Egypt (no time to wait for the bread to rise)

Represented the blood of the lambs

BUT THEN JESUS DOES SOMETHING NEW...

“He took some bread and gave thanks to God for it. Then he broke it in pieces and gave it to the disciples, saying, ‘This is my body, which is given for you. DO THIS IN REMEMBRANCE OF ME.’ After supper he took another cup of wine and said, ‘This cup is the new covenant between God and his people - an agreement confirmed with my blood, which is poured out as a sacrifice for you’. (Luke 22:19-20 NLT, emphasis added)

Jesus was now saying:

- It represented His body & blood
- Every time you eat & drink, I want you to remember (My sacrifice & love for you)

JESUS KNEW THAT IN THOSE DIFFICULT MOMENTS, IT'S EASY FOR US...

- To get caught up in what's right in front of us and forget where we come from.
- To focus on the bad and forget the good.
- To forget that Jesus died for us to demonstrate His great and unfailing love.

Jesus knows we
tend to forget

He taught His
Disciples to
remember

REMEMBERING
REMINDS US OF
WHAT JESUS HAS
DONE, IS DOING,
AND WILL
CONTINUE TO DO

WE JUST HAVE TO REMEMBER WHO GOD IS AND WHAT GOD HAS DONE FOR US

Two things to keep in mind:

1) Remembering with other people is powerful: The Jewish people remember the history of God's presence & reflect on God's steady guidance. Sharing & hearing stories of God's faithfulness is powerful!

2) Remembering Takes Work: The truth is it takes practice and repetition. It is one thing to remember God's goodness. But we need to keep going back to keep them at the forefront of our mind.