

before I go

Session 3:
Consistently be real
with God about how
you feel

WHEN JESUS
INVITES US TO DO
THE IMPOSSIBLE.

Do this in
remembrance
of me.

It is finished.

Take this cup of suffering

Take care
of my
sheep.



IT'S TOUGH TO FEEL CLOSE TO SOMEONE WHEN YOU FEEL LIKE YOU CAN'T TRUST

When we go through these seasons, we don't want to:

- Engage at Church • Participate in Worship
- Talk in small group • Pray
- Read our Bible • Spend time with God

Sometimes, how we feel about God doesn't represent what is true about God

Emotions don't always
represent the truth

THE NIGHT JESUS WOULD BE ARRESTED, HE ASKED HIS CLOSEST FRIENDS TO GO WITH HIM

Why did Jesus want His friends to go with Him?

- On the verge of something painful
- Jesus wanted to talk to His Heavenly Father
- He wanted His friends there for support

“THEN, ACCOMPANIED BY THE DISCIPLES, JESUS LEFT THE UPSTAIRS ROOM AND WENT AS USUAL TO THE MOUNT OF OLIVES. THERE HE TOLD THEM, “PRAY THAT YOU WILL NOT GIVE INTO TEMPTATION. HE WALKED AWAY, ABOUT A STONE’S THROW, AND KNELT DOWN AND PRAYED, “FATHER, IF YOU ARE WILLING, PLEASE TAKE THIS CUP OF SUFFERING AWAY FROM ME.”

LUKE 22:39-42 NLT

We must remember, He is fully God, but also fully human.

WHATEVER THE DIFFICULT SITUATION IS...

- Does God Care about me
- Care about my thoughts & feelings
- Will He love me if He knows how I really feel

Our reaction might speak to what we think about God

Back to Jesus in the Garden

- Jesus was honest with His Father
- Jesus asked His Father to help fix the situation

BUT THEN, CHECK OUT WHAT JESUS SAYS NEXT

"YET I WANT YOUR WILL TO BE DONE, NOT MINE."

LUKE 22:42B NLT

Jesus believed something about God that we might have a hard time believing

When His circumstances didn't make sense



When His fear felt overwhelming



When the future seemed terrible in every way

Even with all that happening, Jesus chose to trust what He knew to be true about God.

JESUS KNEW GOD WOULD WALK WITH HIM

“THEN AN ANGEL FROM HEAVEN AND APPEARED AND STRENGTHENED HIM. HE PRAYED MORE FERVENTLY, AND HE WAS IN SUCH AGONY OF SPIRIT THAT HIS SWEAT FELL TO THE GROUND LIKE GREAT DROPS OF BLOOD.”

LUKE 22:43-44 NLT

Jesus said, “God, your will be done.” And then we was comforted by an angel. But it didn’t make the bad feelings go away

It’s more about trusting that God has your best interest in mind than it is about getting what you want

CONSISTENTLY BE REAL WITH GOD ABOUT HOW YOU FEEL

How honest we are reveals how much we trust God

Two things to keep in mind:

1) Be honest with yourself:

Ask yourself how you feel. Is it your true response or reaction?

2) Remember who God is:

God is loving, kind, compassionate and all-knowing.

We won't always know what God is up to. But we do know that God loves us. When we trust that, we can real with God